



# Omonia Youth Football Club

## Covid-19 Risk Assessment (club)

### Introduction to Guidance:

The purpose of this risk assessment and guidance template is to enable the club to carry out a high-level risk assessment and consider the overall risk of re-starting training and competitive games and is based on guidance developed by the Football Association. It provides advice on the types of controls we should be implementing and a risk matrix that advises on the level of risk. This does not replace the requirement for venues to ensure they have completed a COVID-19 Secure risk assessment as required by government guidance.

The guidance is aimed at: Everyone i.e. Players, coaches, club officials, club welfare officers, match officials, league officials, volunteers, parents/carers, spectators. We will share this with all appropriate parties

### Please consider the following before you begin the initial assessment:

- Consider the numbers of officials/volunteers required to operate safely and effectively, particularly if it is clear that social distancing cannot be affectively applied.
- Outdoor competitive training and matches, physical contact is allowed, but for all other activity (e.g. warmups/cool-downs) the [Government guidance](#) on social distancing should be observed; two-metre social distancing should be observed where possible. Where not possible, 'one-metre plus' distancing should be observed.
- Both teams should also follow any rules/guidance/risk assessments in place by the venue.
- Indoor football is not yet permitted.**
- In outdoor competitive training and matches, physical contact is allowed, but for all other activity (e.g. warmups/cool-downs) the Government guidance on social distancing should be observed.
- Managers and Coaches should refer to the "Teams Covid-19 Risk Assessment" for detailed guidance and advice

### Football Association Guidance:


<http://www.thefa.com/-/media/thefacom-new/files/get-involved/2020/detailed-covid-19-guidance-on-re-starting-competitive-grassroots-football.ashx?la=en>

<b>SEVERITY</b>	<b>5</b>	<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>
	<b>3</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>12</b>	<b>15</b>
	<b>1</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>LIKELIHOOD</b>					

	<b>Severity</b>		<b>Likelihood</b>
<b>5</b>	<b>High Risk Group</b>	<b>5</b>	<b>Almost Certain – Very High Risk</b>
<b>3</b>	<b>Infected</b>	<b>4</b>	<b>Probable – High Risk</b>
<b>1</b>	<b>No Infection</b>	<b>3</b>	<b>50/50 – Medium Risk</b>
		<b>2</b>	<b>Improbable – Low Risk</b>
		<b>1</b>	<b>Almost impossible – Low Risk</b>

<b>1-4 LOW</b>	<b>5&amp;6 MEDIUM</b>	<b>9-12 HIGH</b>	<b>15-25 VERY HIGH</b>
Continue with existing control, however monitor for changes. Implement any additional control measures required	Requires attention to reduce the rating as well as regular ongoing monitoring. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires immediate attention to bring the risk down to an acceptable level. Implement the control measures required, within the timescales given in the risk assessment	The risk is too high, the activity is not to take place Take immediate action to reduce the risk to the lowest level possible.

<b>Name of Person Completing</b>	Mike Koumi	<b>Club Role:</b>	Joint Secretary & appointed Covid-19 Officer
<b>Date of Completion</b>	31 July 2020	<b>Review Date if Required</b>	<i>When required</i>
<b>Signature</b>		<b>Approved by Committee</b>	Yes

Who?	Topic	Risk before controls			FA required Actions	In place Y/N/NA	What else are we doing?	Action owner	Residual Risk After Controls		
		S	L	R					S	L	R
					<b>Before any football activity takes place</b>						
<b>Vulnerable groups</b>  Elderly, Pregnant women, those with existing underlying health conditions and adults in the Black, Asian Ethnic Minority groups.	People susceptible to COVID-19 transmission because of not being able to exercise social distancing.	5	4	20	<p><b>Identify Vulnerable Groups and put controls in place.</b></p> <p>Clinically extremely vulnerable individuals have been, where possible advised not to work/volunteer/play outside the home, if they cannot maintain social distancing.</p> <p>Players who have significant underlying health conditions (previously shielding) should not participate in games as they cannot maintain a safe social distance</p> <p>Coaches and club officials should be offered the safest available on-site roles, enabling them to stay 2m away from others. If they must spend time within 2m of others, they should not be placed in that role.</p>	Y	<p>Players, coaches and club officials who are in the vulnerable group are required to notify club welfare officer who will undertake an individual assessment</p> <p>Visitors to matches will maintain a 2m social distance with other players</p> <p>Players with significant underlying health conditions will not be permitted to participate in matches or any close contact</p>	<b>All Coaches.</b>  <b>Club Welfare Officer</b>	5	2	10
<b>Clubs and Facility Providers</b>	The basics	3	5	15	<ul style="list-style-type: none"> <li>Facility operators should ensure they have read and understood The FA's guidance for 'Providers of outdoor football facilities, including clubs'</li> </ul>  <p>Adobe Acrobat Document</p> <ul style="list-style-type: none"> <li>Clubs/teams should ensure they are affiliated to their local County FA for the 2020/21 season ahead of any match play.</li> <li>Each club must only return to sport when they are ready and have the appropriate measures in place as developed by The</li> </ul>	Y	<p>This risk assessment will be shared with our home venues and the Watford Friendly League</p> <p>Mike Koumi has been appointed the club COVID-19 officer and will ensure guidance is provided to club officials and coaches.</p>	<b>COVID-19 Officer</b>	3	2	6

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					<p>FA and general Government guidance in relation to recreational sport.</p> <ul style="list-style-type: none"> <li><b>All clubs must identify a Covid-19 officer</b> who will be responsible for developing a Covid-19 plan and risk assessment prior to the restart of any activity. The Covid-19 officer should continually monitor how compliance is being observed within the club. The Covid-19 officer will report to the club's management committee on progress on producing and implementing the Covid-19 risk assessment and to oversee the safe return to play.</li> <li>Clubs should also check the insurance policies they have in relation to all football activities (e.g. personal accident and public liability), specifically any changes to insurance provider's advice and guidance on returning to competitive play, ensuring full compliance with its terms.</li> <li>The Covid-19 officer at each club will be responsible for clearly communicating all relevant guidance to its players, coaches and volunteers.</li> </ul>						
<b>Clubs and Facility Providers</b>	Arrival at venue and pitch side	3	5	15	<p>Clubs/facilities should consider further mitigations to ensure safe arrival at venues, including:</p> <ul style="list-style-type: none"> <li>In line with current Government guidance, all participants (players, coaches, club and match officials, volunteers, spectators etc.) should check for symptoms of Covid-19. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should remain at home and <a href="#">follow Government guidance</a>. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not exercise outside their home or garden and must not exercise with others;</li> </ul>	Y	<p>Coaches will be required to request that any player or attendee checks for symptoms, including temperature, before attending.</p> <p>Respect barriers will be set at least 2m away from pitch side, on opposite side to players and coaches. Cones demarking 2m distancing will be placed behind respect barriers. Where 2m is not possible 1m with</p>	<b>Coaches/COVID-19 officer/Facility managers</b>	3	2	6

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		S	L	R					S	L	R
					<ul style="list-style-type: none"> <li>Clear signage (e.g. for one-way systems) to manage entry, parking arrangements and traffic flow</li> <li>Clear arrangements and signage to ensure social distancing for players and spectators, and general movement and use of the venue. Including any facilities provided such as cafeterias, etc.</li> </ul>		<p>mitigations such as sanitisers and face coverings will be advised.</p> <p>Coaches will enquire that COVID-19 assessments have been undertaken at away venues and that measures are in place. If on arrival coaches are concerned that measures are not in place they will raise with away team manager and referee. If no controls are in place managers should not play and request from the match referee that the match is abandoned and report this immediately to the Fixtures secretary</p>				
<b>Clubs and Facility Providers</b>	Safety Briefing	3	5	15	In competitive football activities, the manager of each club must ensure a <b>safety briefing</b> is provided before the commencement of any fixture. This briefing will remind both sets of players and officials about their responsibilities in complying with the FA Code of Behaviour.	Y	<i>No additional measures required</i>	<b>Coaches</b>	3	1	4
<b>Facility Providers</b>	Changing rooms and showers	3	5	15	<p><b>Steps that will usually be needed:</b></p> <ol style="list-style-type: none"> <li>Taking steps to ensure that all water systems, for example showers and sinks, are safe to use after a prolonged facility shutdown to minimise the risk of legionella and other diseases associated with water.</li> </ol>	Y	COVID-19 Officer will request COVID-19 risk assessments from home venues	<b>COVID-19 Officer</b>	3	1	4

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					<p>2. Where shower and changing facilities are required, setting clear use and cleaning guidance for showers, lockers and changing rooms to ensure they are kept clean and clear of personal items and that social distancing is achieved as much as possible. Consider closing communal showers if possible.</p> <p>3. Introducing enhanced cleaning of all facilities regularly during the day and at the end of the day.</p> <p>4. Encouraging participants and staff to change and shower at home rather than in changing rooms where possible i.e. easier for the gym than for swimming where you have to change.</p> <p>5. In establishments where guests use shared showers, consider cleaning more frequently.</p> <p>6. For additional reassurance, providing cleaning materials and hand sanitiser for customer use at touch points.</p> <p>7. Providing additional signposting in these areas to maintain social distancing.</p> <p>8. Considering changes in policies to ensure limited time is taken in changing areas, especially during the changeover of group activity to maintain social distancing.</p> <p>9. Maintaining use of lockers use where social distancing can be maintained.</p> <p>If these facilities remain closed, exceptions may be made where safety and safeguarding measures require their use. For example, to supporting players with disabilities, or when a child needs a change of clothing etc.</p>		Coaches will advise all players to arrive with kits on and not use showers/changing facilities.				

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<b>Clubs and Facility Providers</b>	NHS Test and Trace	5	3	15	<p>Clubs and facility providers must support NHS test and trace efforts by collecting name and contact information on participants at both training and matches.</p> <p>This information should be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. It should be used only for the purpose of NHS test and trace.</p> <p>Clubs and facility providers should follow current UK Government NHS test and trace guidance, which is available here.</p>	Y	Coaches will ensure they have correct contact details for all players and any person attending who is associated with the club (spectators, officials, etc.)	<b>Coaches</b>	3	1	4
<b>Everyone</b>	Covid-19 Self Assessment	5	3	15	<p><b>Ensure everyone is given and follows this self-assessment guide before they travel to the venue.</b></p> <p>All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19- symptoms. No-one should leave home to participate in football if they, or someone they live with, has any of the following:</p> <ul style="list-style-type: none"> <li>• A high temperature (above 37.8°C);</li> <li>• A new, continuous cough;</li> <li>• A loss of, or change to, their sense of smell or taste.</li> </ul> <p>This check should be done before each training session and must be recorded in regular risk assessments and it is important to note that no training session should take place without this having been done. Some clubs may wish to have this completed in the form of an online or paper questionnaire at the start of sessions. If symptoms are checked at the start of a session rather than in advance, this should be completed on arrival before the</p>	Y	Guidance will be provided to all coaches to distribute to players, parents/guardians and spectators It will also be posted on club web-site	<b>Coaches</b>	3	1	4

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		S	L	R					S	L	R
					<p>player mixes with others, so that if they have symptoms there is no chance of others being affected.</p> <p>Should an individual have demonstrated any such symptoms, they must not participate. Instead they should follow NHS and PHE guidance on self-isolation available here.</p> <p>Anyone who has already been instructed to self-isolate by a health care practitioner or PHE should continue to follow this advice and may not participate.</p> <p>Clubs will make relevant participants aware of any increased risk associated with taking part in activity, based on the risk assessment undertaken by the club. Everyone should comply with public health restrictions and avoid high-risk behaviour outside the football setting to reduce the risk to fellow participants and other attendees.</p>						
Everyone	Travel to training and match	5	3	15	<p>All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. People from a household or support bubble can travel together in a vehicle. If participants do have to travel with people outside their household or support bubble they should try to:</p> <ul style="list-style-type: none"> <li>• Share the transport with the same people each time;</li> <li>• Keep to small groups of people at any one time;</li> <li>• Open windows for ventilation;</li> <li>• Face away from each other;</li> <li>• Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch;</li> <li>• Ask the driver and all passengers to wear a face covering;</li> </ul>	Y	<i>No additional measures required</i>		3	1	4

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					<ul style="list-style-type: none"> <li>Consider seating arrangements to maximise distance between people in the vehicle – this may mean using more than one coach or minibus if possible, and the wearing of face coverings on coaches or minibuses;</li> <li>Require regular hand sanitisation by passengers on a coach or minibus;</li> <li>Limit the time spent at garages, petrol stations and motorway services;</li> <li>Keep distance from other people and if possible, pay by contactless;</li> <li>Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle;</li> <li>When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.</li> </ul>						

NOTES: