



# Omonia Youth Football Club

## Covid-19 Training - Risk Assessment for return to training

**Venue:**

**Date:** June 2020

NOTE: Some of the sections below are venue specific (e.g. where parking is available)

<i>STEP 1</i>	<i>STEP 2</i>	<i>STEP 3</i>	<i>STEP 4</i>		<i>STEP 5</i>
<b>HAZARD</b>	<b>WHO MAY BE HARMED AND HOW?</b>	<b>RISK PRIOR TO CONTROLS</b>	<b>CONTROL MEASURES REQUIRED</b>	<b>PERSON RESPONSIBLE FOR IMPLEMENTING</b>	<b>RISK CONTROLS IN PLACE</b>
Social Distancing, 2 metre rule	Everyone	<b>High - Medium</b>	At all sessions, there will always be <b>2-metre</b> gap.  No Tackling in sessions No Matches No Touching No High fives	Coaches  Contact Welfare Team if you have questions	<b>Medium - Low</b>
Coaches Set Up	Everyone	<b>High - Medium</b>	Strict limit of 5 players per group.  Players cannot mix once in a group (bubbles)	Coaches  Contact Welfare Team if you have questions	<b>Medium - Low</b>
Players and Parents Area	Everyone	<b>High - Medium</b>	Players will have designated area to store drinks bottle, all 2 metres apart  Parents will have a designated viewing area, all 2 metres apart  There will be a cleaning area that is to be used before and after training for all players to use the hand sanitizer provided. There will be one area per group	Coaches  Players  Parents  Contact Welfare Team if you have questions	<b>Low</b>

Coaches Equipment	Everyone	<b>High - Medium</b>	<p>No bibs to be used as small groups at the moment</p> <p>All balls to be cleaned before session</p> <p>All cones to be cleaned before session</p> <p>Goals will be wiped down prior to the session</p>	<p>Coaches</p> <p>Contact Welfare Team if you have questions</p>	<b>Medium - Low</b>
Players	Everyone	<b>High - Medium</b>	<p>All players to use hand sanitiser provided at beginning and end of every session</p> <p>Players not to handle the ball, unless wearing gloves</p> <p><b>We recommend wearing gloves for all players and coaches</b></p> <p>Wear appropriate footwear</p> <p>Wear shin pads</p> <p>Bring drinks and place in designated areas</p> <p>Players to not touch the goalposts or nets with their hands</p> <p>Players not to touch the cones with their hands</p> <p>If ball goes in the goal, use another ball, the coach will retrieve the ball from the net</p> <p>If not wearing gloves, players to wash hands after every break</p> <p><b>Stay 2 metres away from anyone</b></p> <p><b>If you have any symptoms or are feeling unwell, please refrain from attending any sessions as per government advise</b></p>	<p>Coaches</p> <p>Players</p> <p>Parents</p> <p>Contact Welfare Team if you have questions</p>	<b>Medium - Low</b>
Facilities	Everyone	<b>High - Medium</b>	<p>Only designated toilets to be used and 1 person at a time.</p> <p>Toilets to be cleaned and checked before and after sessions</p>	<p>Coaches</p> <p>Contact Welfare Team if you have questions</p>	<b>Low</b>

			<p>First Aid station to be set up away from the pitch. All coaches are first aid qualified, if unsure, call 999.</p> <p>There will be a cleaning area that is to be used before and after training for all players to use the hand sanitizer provided.</p>		
Arrival	Everyone	<b>High - Medium</b>	<p>All places to be pre booked and payment online. This is to prevent handling of cash</p> <p>No parking onsite to prevent a build up of people.</p> <p><b>If you have any symptoms or are feeling unwell, please refrain from attending any sessions as per government advise</b></p> <p>Register will be taken, and all parents are to wait in designated area.</p> <p>Parents to sign consent for first aid and briefing to be given to parents about how we work.</p> <p>Copy of FA Affiliation, Liability Insurance and Risk Assessment with Safeguarding policy available for all parents to view.</p> <p>Signage in regard to cleaning hands from WHO and also Five Steps to Safer Working Together certificate signed and dated.</p>		<b>Low</b>

			Players will be escorted to training areas by the coaches in a safe manner 2 metres apart to their chairs. All players to use hand sanitiser before session, and the wear gloves if possible		
Sessions	Players and Coaches	Medium – Low	Please follow all instructions from coaches.  All exercises will be 2 metres apart  Remember hand sanitiser, every break or toilet break	Coaches  Players  Parents	Low
Breaks	Players and Coaches	Medium – Low	Players are to go direct to their area in their designated areas.	Coaches  Players  Parents	Low
Leaving	Players and Coaches	Medium – Low	Players will leave in an orderly manner and this will be done by the group nearest the exit.  All players to use hand sanitiser  No players are to leave without their coaches instruction to leave	Coaches  Players  Parents	Low
Post Session	Coaches	Medium – Low	All balls to be washed in designated area.  All cones to be washed  Any other equipment used to be washed	Coaches	Low
Pitch Area	Trip on litter left on the playing area or general potholes	Low	Check all areas for objects, coaches only to remove objects	Coaches	Low

Equipment	Cut by sharp edges on equipment	<b>Low</b>	Equipment to be checked by coaches and thrown away if inadequate	Coaches	<b>Low</b>
Equipment	Trapped in the goal net	<b>Medium – Low</b>	To be secured at all times checked by coach and official	Coaches	<b>Low</b>
Spectators	Putting photos on social media	<b>Medium – Low</b>	No photos to be taken by parents or spectators, coaches to check this	Coaches and parents	<b>Low</b>
Spectators	Taking a child	<b>High</b>	Players to stay with coach until parents come to collect their child	Coaches and parents	<b>Low</b>
Collision Injuries	Bruising Breaks Fractures Loss of consciousness	<b>Medium</b>	Clear areas where players will play football.  First aid qualifications up to date for staff members	Coaches	<b>Low</b>
Contact Injuries	Bruising Twists Breaks Fractures	<b>Medium</b>	Clear areas where players will play football.  First aid qualifications up to date for staff members	Coaches	<b>Low</b>
Physical Assault	Punching Kicking Spitting	<b>Medium</b>	Coaches to be trained for these situations  Ban offenders from participation/watching	Coaches	<b>Low</b>
Physical Injuries	Muscles Tears Muscle Pull Twists Sprains Breaks Fractures	<b>Low</b>	Appropriate warm up to take place by a training staff member with 2 metre rule in place  First aid qualifications up to date for staff members  Suitable first aid kit equipment available	Coaches	<b>Low</b>
Verbal Assault	Bullying Rumours Insults	<b>Low</b>	Coaches and staff training and control Working with spectators/players to education and reduce foul play	Coaches Parents Players	<b>Low</b>